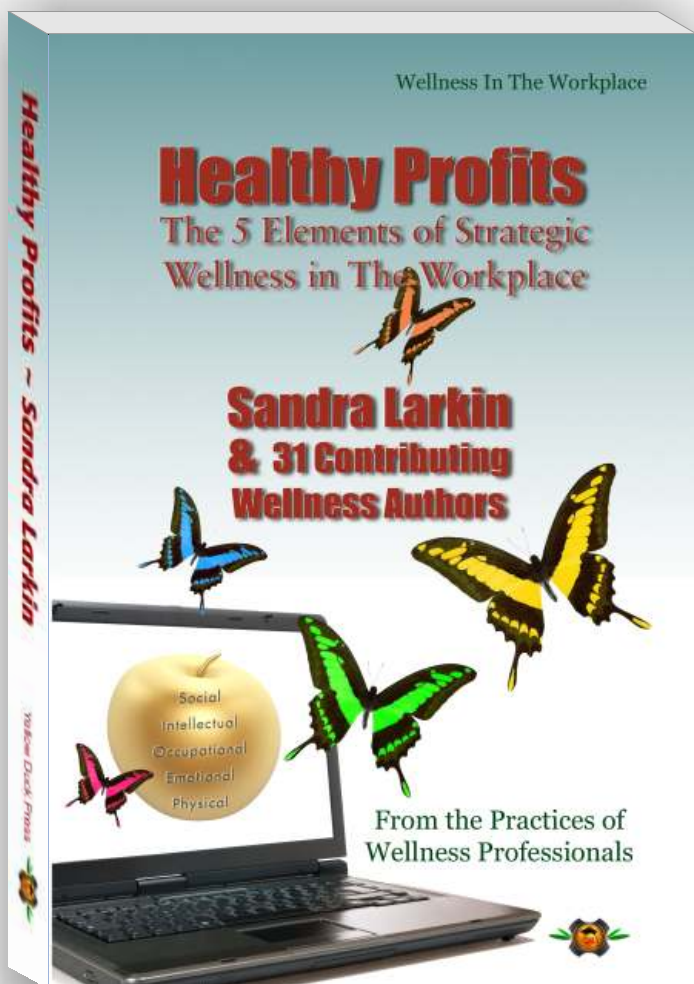


32 WELLNESS PROFESSIONALS EQUAL ONE GREAT BOOK!



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**You are invited to meet
Sandra Larkin, Anne Ward, and
Bob Sandidge
Wed. August, 19th - 5 to 7 pm
Port Edward Restaurant Algonquin
for a Book Signing Reception**



Sandra Larkin

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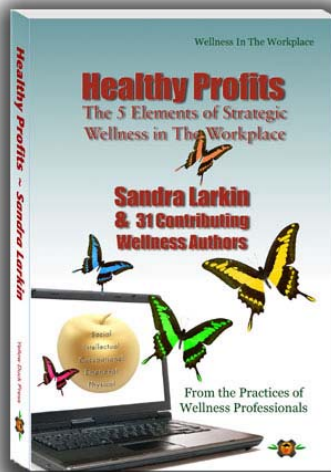


\$22.50 US

News Release
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FOR IMMEDIATE RELEASE

THREE LOCAL AUTHORS SIGN NEW WELLNESS BOOK AT PORT EDWARD



(Crystal Lake, IL) The cost of health care and what we are going to do about it is being discussed everywhere. Three local authors and 28 other national and international authors have written a book to help companies save money on health care costs by implementing wellness in the workplace programs. Sandra Larkin of Crystal Lake brought together the group of multi-discipline wellness experts to share their expertise with companies and individuals who are concerned about improving profits through reduced stress and increased performance in the workplace. The authors also offer advice to employees about how to stay healthy at work.

Anne Ward and Bob Sandidge of CreativeCore Media in Algonquin, in addition to contributing a chapter for the book, handled the editing and production of the book published by Sandra's publishing group, Yellow Duck Press.

The public is invited to meet the authors at a book launch signing reception Wednesday the 19th of August at Port Edward Restaurant in Algonquin from 5 to 7pm.

Mr. Rooney, another local author and Sandra's Beagle, who authored a chapter on pets in the workplace, will unfortunately, not be at this book signing due to prior commitments.

Learn more about Healthy Profits and workplace wellness at www.HealthyProfitsBook.com.