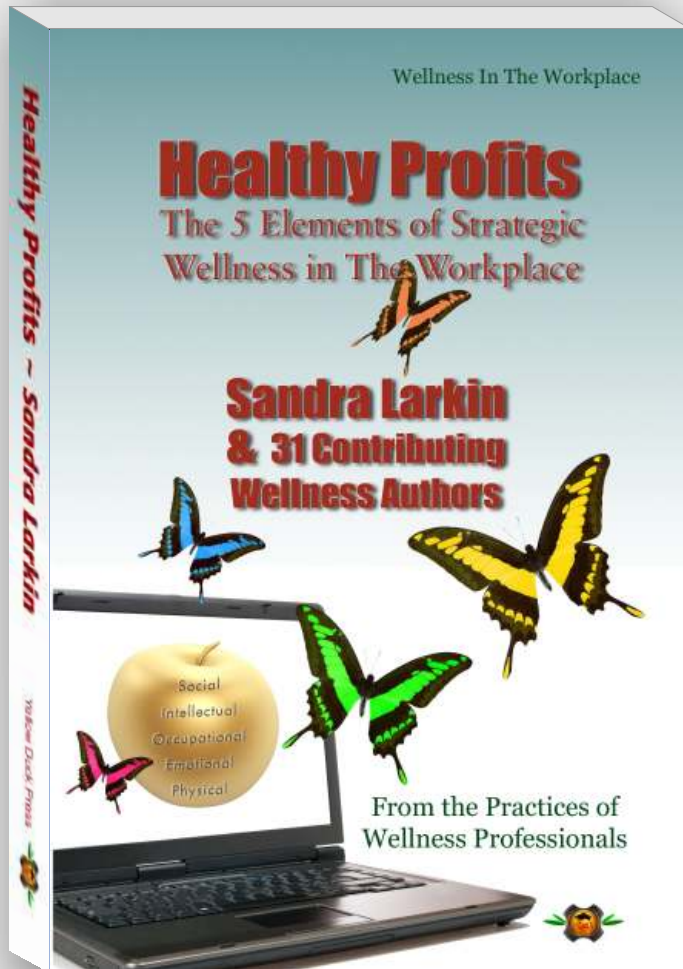


32 WELLNESS PROFESSIONALS EQUAL ONE GREAT BOOK!



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When I began my professional career in the early 1980's, the concept of wellness in the workplace was in its infancy. Armed with my passion for staying healthy, I set out to develop my own wellness program. At that time, I had no clue that what I had designed and implemented on a personal level would be considered a wellness program as we know it today.

This is the book I could not find. This is the book I needed to share with others the importance of wellness in the workplace. This is the book I needed to help people and businesses learn to work healthy. This is the book I needed to show how everyone profits from being healthy. The book I needed I now have and I'm so happy to share it with you because there has never ever been a time in our work world when it has been needed more. Please do enjoy and USE Healthy Profits!



Sandra Larkin

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